

## Έντυπο

«Νιώθοντας φροντίδα και υποστήριξη στο σχολείο μας : Ένα ταξίδιστον κόσμο»

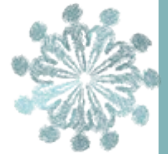
### “Feeling CARED in School: A Journey Around the World”

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*Στην τάξη/σχολείο μας αισθανόμαστε....*

**C**onnected– Συνεκτικότητα (Με ποιόν τρόπο αισθανόμαστε «συνδεδεμένοι» στην τάξη/σχολείο μας;?)

Honest and healthy interpersonal relationships make us feel safe. At school we must show respect to younger students, peers, and adults. Each of us has a different personality and we need to accept different points of views. Mocking comments and verbal or physical violence are not the solution to any problem. When our relationships are based on respect, cooperation and understanding then we feel special.

**A**ccepted

Αίσθηση αποδοχής και σεβασμού (Τι είναι αυτό που στην τάξη/σχολείο μας, μας κάνει να αισθανόμαστε ασφαλείς και ενισχύει την αίσθηση του σεβασμού και της αποδοχής με βάση τις μοναδικές μας ανάγκες? )

**R**espected

Honest and healthy interpersonal relationships make us feel safe. At school we must show respect to younger students, peers, and adults. Each of us has a different personality and we need to accept different points of views. Mocking comments and verbal or physical violence are not the solution to any problem. When our relationships are based on respect, cooperation and understanding then we feel special.

**E**mpowered– Ενδυνάμωση (Ποια είναι τα δυνατά μας στοιχεία ως τάξη/σχολείο;)



Our strength is our will. We still though have a lot to do both in the class and school level. Sometimes there is a lack of cooperation and some negative attitude created within some groups. In our view, to change this, there should be understanding, acceptance, respect and empathy between students and teachers; not by a few but by all.



**Discovering our strengths – Ανακάλυψη των δυνατοτήτων μας (Με ποιόν τρόπο ή τάξη/σχολείο μας συμβάλλει στο να ανακαλύπτουμε και να εξελίσσουμε τα δυνατά μας στοιχεία; )**

When all our teachers and classmates believe in our strengths, encouraging, rewarding, and highlighting our positive characteristics, then our potential seems limitless. Our friends, teachers and family initially help us discover our strengths and a creative and empathetic school environment helps us develop them. By discovering and evolving them, we become more confident, we improve our social skills and build healthier relationships.

